

A photograph of the National Institute of Nutrition building in Hyderabad. The building is a multi-story structure with a light blue and cream-colored facade. It features a prominent palm tree on the left side and a tall, thin tree on the right. The sky is a clear, light blue. The text is overlaid on the right side of the image.

# Food Safety Assessment Tools

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# **What is Food Safety ?**

It is the degree of confidence that food will not cause sickness or harm to the consumer when it is prepared, served and eaten according to its intended use (FAO/WHO -2003)

## Food Safety VS Food Defense

Food Safety – Unintentional contamination by agents reasonably likely to occur in food supply (e.g. E. Coli, Salmonella, Listeria etc)

*May cause many illnesses but few deaths*

Food Defense – Intentional contamination by agents that are not reasonably likely to occur

*Has potential to result in many deaths*

# What Food Safety Means to an Indian ?

The common man in India understands food safety as  
*“Maintaining personal hygiene, cooking in clean utensils with clean water and serving hot foods “*

This is essentially due to the fact that  
Semi processed raw materials are purchased from the market and food is essentially prepared at home.

Basic food safety measures are integrated in the cultural habits.

Food Safety - House hold level

Food Safety – Outside foods --

# **what is our concern ?**

- 1. Food adulteration**
- 2. Pesticide residues**
- 3. Naturally occurring toxins**
- 4. Mycotoxins**
- 5. Microbiological contamination**
- 6. Veterinary drug residues**
- 7. Heavy metals**

# **Key Global Food Safety Concerns**

**Microbiological hazards**

**Pesticide residues**

**Misuse of food additives**

**Chemical contaminants, including biological toxins**

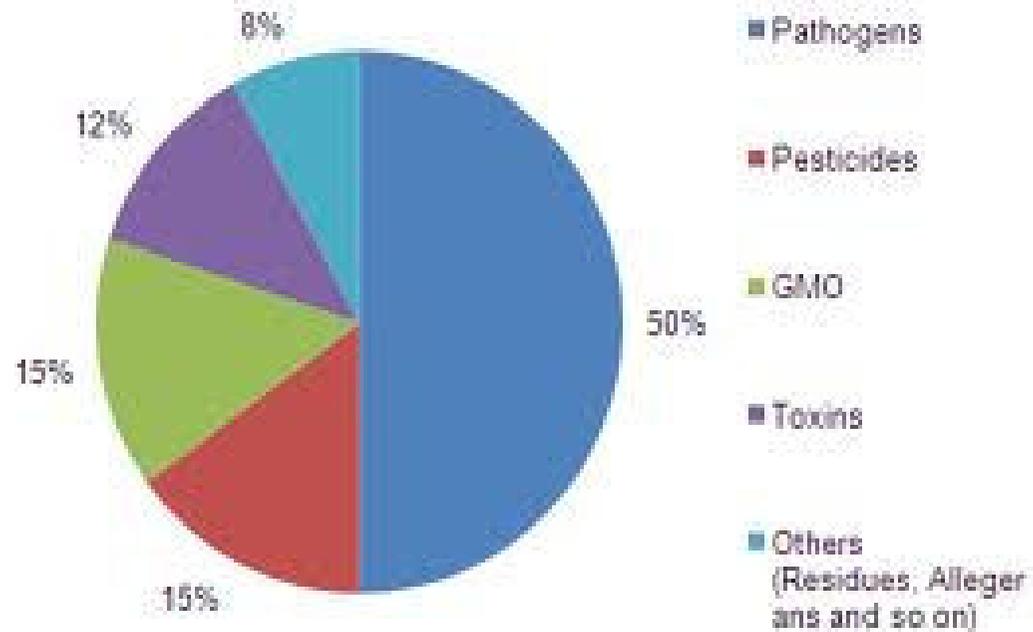
**Adulteration**

**Genetically modified organisms**

**Allergens**

**Veterinary drugs residues**

# Types of analysis carried out for food safety



# Food Safety Assessment

Country level - No food borne disease surveillance

*240000 children <5years die due to diarrhea*

*13.2% House holds reported at least one person is affected in the previous fortnight of survey*

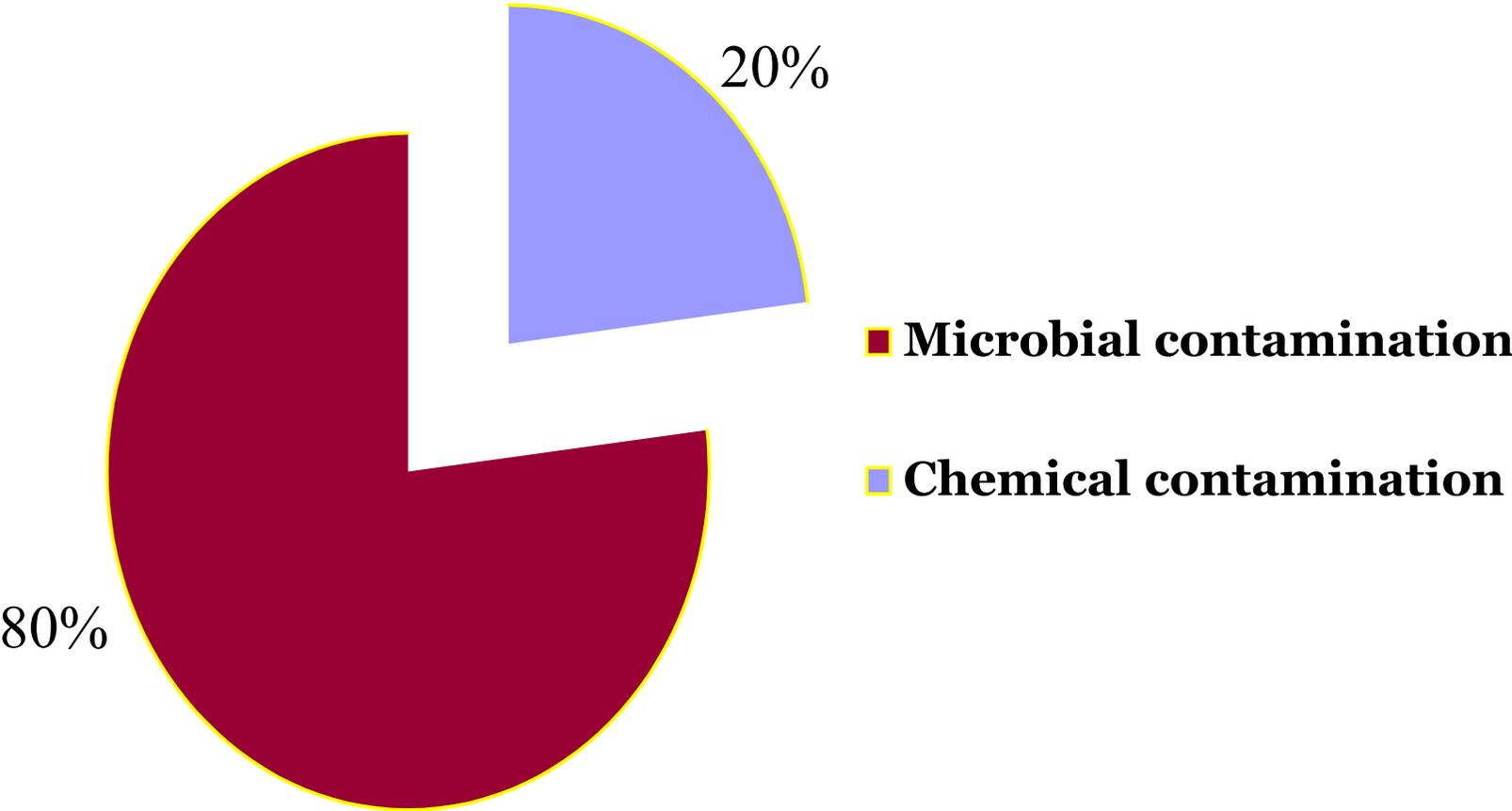
*3% Villages have reported at least one Food borne disease outbreak in a year*

Surveillance of pesticide residues – 3-4% above MRL

## Review on Foodborne disease outbreaks in India (1986-2009)

FBD	No.of outbreaks	Affected persons	Place
Epidemic dropsy	2	242	Delhi
Botulism	1	34	Gujarat
Pesticide Poisoning	2	96	Ahmedabad, Delhi
Methaemoglobinaemia	1	86	-
Mycotoxicoeses	3	1548	J&K, AP, Karnataka
Na <sub>2</sub> No <sub>3</sub>	1	22	Hyderabad
Bacterial food poisoning	11	832	Many places
Lead poisoning	1	30	Hyderabad
Excess colour in <i>Saunf</i>	1	40	Hyderabad
Phycotoxin	1	132	Mumbai
Rancidity of biscuit	1	125	Hyderabad

# Persons affected due to FBDs





**Food Business Operator**

## December, 2012 (US Detentions of Indian food consignments)

Total food consignments	111	
Rejections on account of Pesticide residues	66	( 60%)
Salmonella+ Filth	28	(25%)
Others	17	( 15%)

# HACCP

Recommended Preventive and Control of Food hazards

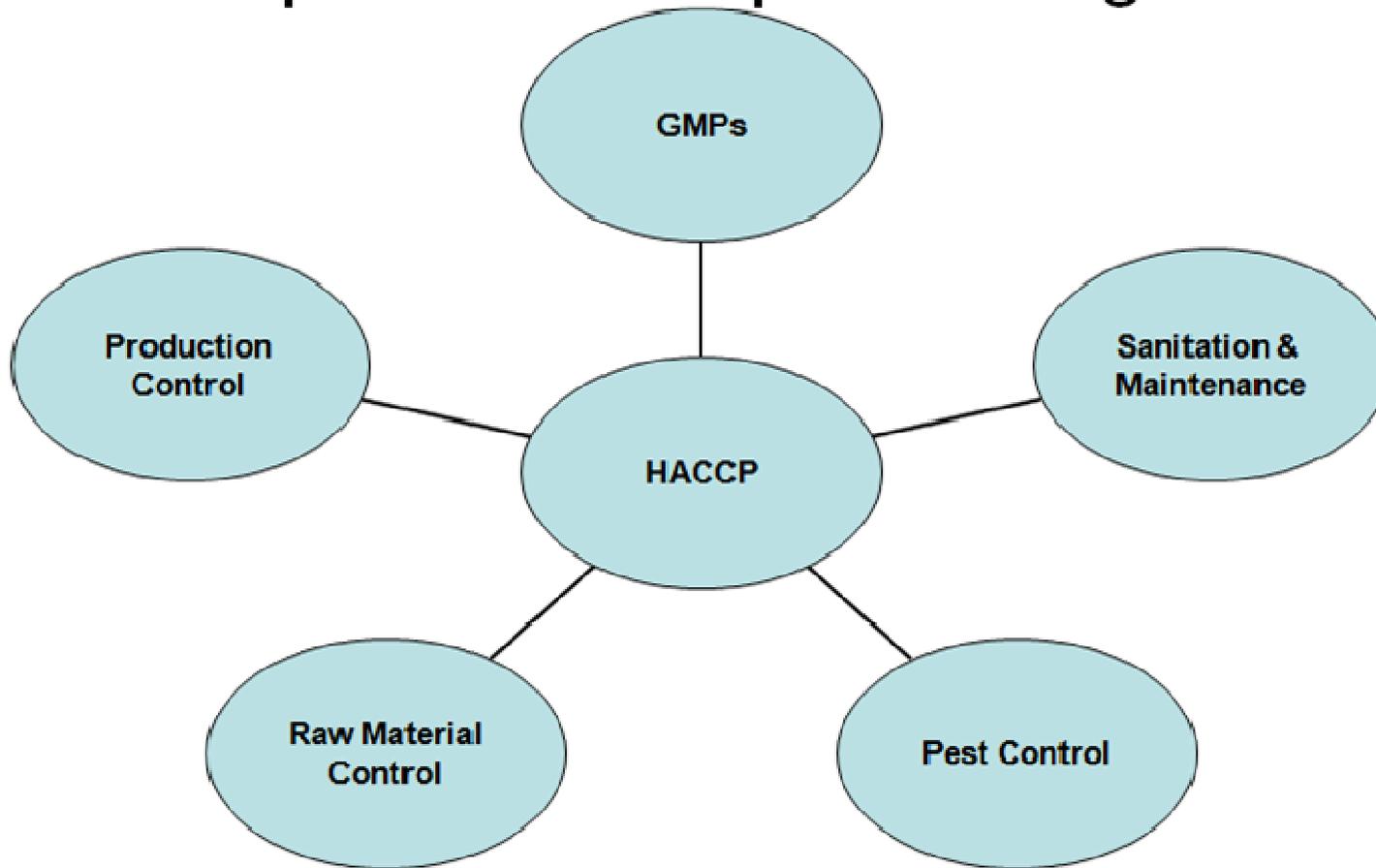
but

Prerequisite programmes provide a foundation for an effective food safety programme

Prerequisites – Practices and conditions needed prior to and during implementation of HACCP

Assessment tools - Prerequisites -Analysis

# Examples of Prerequisite Programs



Maintenance, corrective actions , verification (include validation) and Records

# Sources of Food Contamination

Need to understand the Sources of contamination

Lack of knowledge about Microbial contamination

No control on raw material



Food is vulnerable for contamination -  
*Beware of the sources*

## Pesticide Residues

Lack of MRL in importing countries –

Change of GAP due to pest behaviour

Detection limit as default MRL

Errors in Sampling methods

## Filth and Salmonella

Lack of understanding of the sources

Improper sampling procedures

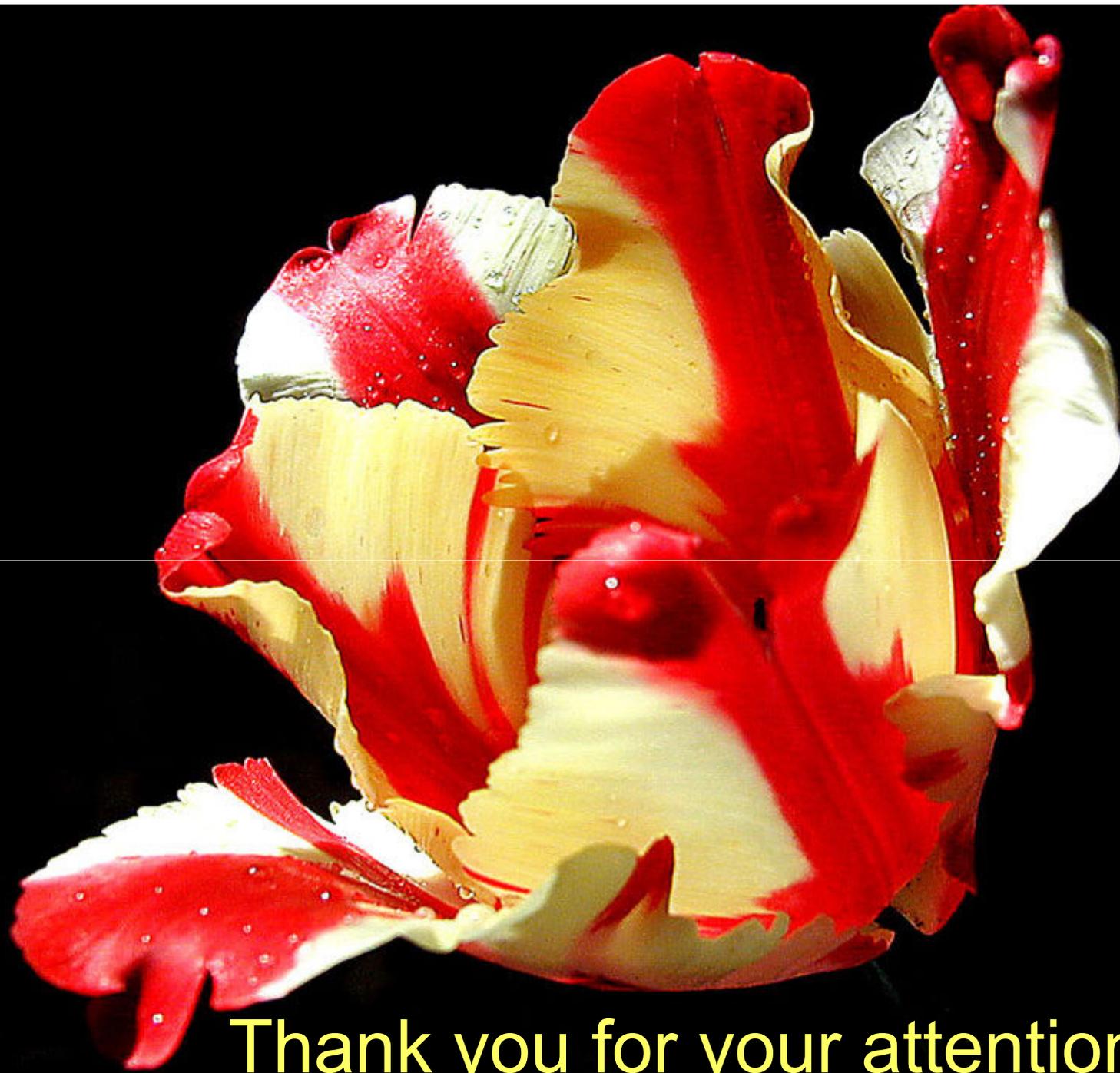
## A case of sudan dye in spices

Ink used for writing labels

Not having dedicated mill for grinding the spices

## Way forward

1. Establishment of food borne disease
2. Surveillance system for chemical contamination (networking of institutes for surveillance)
3. Total Diet studies at regular intervals
4. Food safety education to food handlers



Thank you for your attention